



**SUMMER SWIM CAMPS  
2009**

*If you have just started your swimming career, if you are dreaming of qualifying for Champs in 2010, or if you desire to further improve your already high level of swimming – try to join one of the Alpineswim camps listed below. They are taking place throughout the summer in **Mittersill/Austria**, in the heart of Austria's National Park, near Salzburg (the land of the Sound of Music).*

*June 14 (Sun) – June 22 (Mon)  
June 28 (Sun) – July 6 (Mon)  
July 26 (Sun) – August 3 (Mon)  
August 9 (Sun) – August 17 (Mon)*

*The swim clinics focus on the detailed technical and bio-mechanical analysis of all four competitive strokes, turns and starts, supported by drills, teaching the proper terminology and raising awareness of correct and incorrect movements, i.e. the **SKILLS OF COMPETITIVE SWIMMING**.*

*For more information and sign up contact:*

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*During the above dates, parallel tennis camps are offered.*